

Massage appliances

Safe use advice for electric massage appliances, for household and similar use with a rated voltage of no more than 250V for single phase appliances and 480V for other appliances.

Appliances not intended for normal household use, but which nevertheless may be a source of danger to the public—such as appliances intended for use by lay persons in shops, light industry and on farms—are covered by this advice.

Examples of this appliance:

- hand held massages
- foot massages
- massage belts
- massage pads
- massage chairs
- massage beds.

This advice is not intended to replace specific manufacturer's information but can be used as a general guide.

This advice does not cater for young children or people who are physically weak.

When using the appliance:

- The appliance may have a hot surface.
- People insensitive to heat must be careful when using the appliance.

You are urged to:

- Use the appliance only for its intended purpose.
- If the appliance is for indoor use only, do not use outdoors.
- Do not immerse the appliance in water unless it is designed for this purpose.
- Keep hands, fingers, feet, toes and hair away from dangerous moving parts, cutting blades and the like.
- Do not use electrical appliances in the rain.
- Make sure you have dry hands when operating an electrical appliance.
- Do not use a damaged appliance.
- An appliance may not be intended for use by children or people with an illness or disability without supervision.
- Young children should not be allowed to play with the appliance.
- Some appliances require special precautions for installation or user maintenance or both.
- The plug must be removed from the socket-outlet before any cleaning or maintenance is done.
- Do not place cord extension sockets or portable power outlet boards where they may be splashed or where moisture may get in.

- Ensure ventilation holes or outlets are not blocked or partially obstructed.
- If a fixed appliance does not have a supply cord and plug or other means for disconnection from the supply, a means for disconnection must be incorporated into the fixed wiring according to the Wiring Rules.
- If the supply cord or plug is damaged:
 - The manufacturer or its service agent or a similarly qualified person must replace the cord to prevent an accident.
 - Appliances with specially prepared cords must be replaced by a special cord or assembly available from the manufacturer or its service agent.
 - Other appliances that have a supply cord that cannot be replaced, should be scrapped.
- The appliance should be maintained in order to ensure a long, useful life and to protect the operator against electric shock or mechanical mishaps.
- A safety switch can enhance electrical safety when using electrical appliances