

4 February 2021

Dr Karen Hopper, B.Econ (Hons), Ph.D, GAICD Principal Commissioner Queensland Productivity Commission PO Box 12112 George Street Brisbane Qld 4003

Via email: enquiry@qpc.gov.au

Dear Dr Hooper,

## Queensland Productivity Commission – Draft Report on the National Disability Insurance Scheme (NDIS) market in Queensland

I write in response to the Commission's request for submissions providing feedback on the above draft report.

As the Public Advocate for Queensland, I am appointed under the *Guardianship* and *Administration* Act 2000 to undertake systemic advocacy to promote and protect the rights and interests of Queensland adults with impaired decision-making capacity. Many people with impaired decision-making capacity may become NDIS participants.

I support in principle all of the recommendations included in the draft report.

I have prepared this submission to provide some further information to support the inquiry, as well as suggestions for additional recommendations for the Commission to consider in the preparation of the final report.

## The interface between mainstream government services and the NDIS

The successful operation of the NDIS relies on participants being able to access mainstream services, when necessary, in addition to their NDIS disability supports. This includes accessing state government systems such as health, justice, housing, guardianship and administration and transport.

Improving the interface between mainstream government services and the NDIS has been a key focus of my office. While the NDIS is responsible for the provision of necessary disability supports for participants, the fact a person is an NDIS participant does not relieve other essential state government services of responsibility for ensuring their services are responsive and accessible to NDIS participants. It is critical that people's NDIS plans acknowledge their other needs, especially their complex health needs, and establish appropriate points of contact between the NDIS and those other services. Otherwise, NDIS participants remain at risk of poor outcomes as a result of insufficient oversight and protections.

In some circumstances the result of this lack of integration and oversight, particularly in relation to health services, can have tragic consequences. In the 2016 report, Upholding the right to life and health: A review of the deaths in care of people with disability, the Public Advocate identified serious and significant lapses in the quality of health and disability care provided to people with

disability who were living in care, resulting in a rate of preventable death of more than 50 percent.<sup>1</sup>

Ideally, people with disability and complex health conditions should be identified by the State health system, so that they can receive appropriate and responsive health care, which takes into account their disability care needs, and makes adequate provision for NDIS supports and services to be available or accessible to them while in hospital or receiving other health services.

This process needs to commence, when people are in hospital and/or initially diagnosed with a disability that may make them eligible for entry into the NDIS. Currently hospital rehabilitation and discharge processes for people with disability who may be eligible for the NDIS can be inconsistent. While there are some trials of discharge programs occurring, including NDIS nurse navigators in larger hospital settings, often the patients or their families are expected, after being given some initial information, to engage with the NDIS and organise assessments and a plan. People who are unfamiliar with the NDIS and its processes will find the system difficult to negotiate without assistance. All of this takes time, during which, the person remains in a hospital bed, costing the State unnecessary expense and not being in the interests of the person with disability who may no longer require medical treatment, but cannot be discharged without appropriate supports in place. There is a clear need for Queensland Health to develop and implement a State-wide consistent discharge process in conjunction with the NDIS to both support and facilitate eligibility and access to the scheme from hospital and other health-related residential services.

Once living in the community, NDIS participants with disability and complex health conditions should have an annual health assessment that informs an annual health care plan, which should include the coordination of health care between multiple services, including a GP, private or public medical specialists and a plan for the provision of emergency and specialist care via the local Hospital and Health Service (HHS), when necessary. The plan should include preventative medical interventions including screening for cancer and other diseases and an annual Fluvax, and eventually a COVID-19 vaccination, depending on the person's health conditions.

I also suggest that for people with disability with particularly complex health conditions, consideration should be given to establishing health liaison or health coordination positions within HHSs, whose role it would be to ensure that the health care plans of this vulnerable cohort of people are being implemented and reviewed.

When attending hospital for either routine or emergency assessments and procedures, participants should also be able to access their essential day to day NDIS supports (for example assistance at mealtimes, turning in bed, and being comfortably positioned for eating and sitting) as they would when living in their own home, as well as be accompanied by a support person to assist with communication and other reasonably and necessary adjustments.

For other NDIS participants, a lack of suitable and affordable housing can be an issue. These are participants who are not eligible for specialist disability accommodation (SDA), but nonetheless require accessible accommodation and/or modifications to a home so they can comfortably reside there. As many NDIS participants receive a disability support pension as their sole source of income, housing options are limited and will generally require them to seek accommodation in the public or community housing sectors, the responsibility of the Queensland state government.

Again, to address the accommodation issues for this cohort, it is critical that the Department of Communities, Housing and Digital Economy:

• Deliver on its 2016-17 commitment to a target of 50 percent of newly constructed social housing dwellings meeting the 'Gold' or 'Platinum' Liveable Housing Design Guidelines Standard.<sup>2</sup>

<sup>&</sup>lt;sup>1</sup> Public Advocate, Upholding the right to life and health: A review of the deaths in care of people with disability, 2016 <a href="https://www.justice.qld.gov.au/\_\_data/assets/pdf\_file/0008/460088/final-systemic-advocacy-report-deaths-in-care-of-people-with-disability-in-Queensland-February-2016.pdf">https://www.justice.qld.gov.au/\_\_data/assets/pdf\_file/0008/460088/final-systemic-advocacy-report-deaths-in-care-of-people-with-disability-in-Queensland-February-2016.pdf</a>.

<sup>&</sup>lt;sup>2</sup> Australian Building Codes Board Office on behalf of the Commonwealth of Australia and States and Territories of Australia, *The* Accessible Housing Options Paper, (2018), Canberra.

• Is actively involved in the approval process for, and assists with any other processes required, to facilitate the modification of current public housing stock rented by NDIS participants if they have funding available in their plan for this work to be undertaken.

The Queensland Government Housing Strategy 2017-2027 acknowledges that by 2027, almost 380,000 additional homes will be needed to support our growing population. It also reports that 25,000 people with disability on low incomes currently live in inappropriate or unsustainable settings. However, it seems that since 2017-18 only 238 new dwellings have been completed across Queensland under the Housing Construction Jobs Program with another 180 under construction.<sup>3</sup> It is unclear how many of these homes meet the 'Gold' or 'Platinum' Liveable Housing Design Guidelines Standard. Despite these efforts, they amount to a 'drop in the bucket' in terms of addressing Queensland's social housing needs and the housing needs of the 25,000 Queenslanders with disability on low incomes who are living in inappropriate or unsustainable settings. Clearly, urgent action needs to be taken by State Government agencies to address the critical shortfall in housing for disadvantaged Queenslanders, particularly those living with disability. No level of support from the NDIS can compensate for the lack of safe, accessible and affordable housing.

As noted in my initial submission to the Commission, the experiences of NDIS participants interacting with the justice system in Queensland also highlights the need for improved coordination and integration.

Section 174 of the Mental Health Act 2016 (Qld) is a new provision in the Mental Health Act 2016 that provides for the diversion of people with a non-mental health disability affecting their capacity, or fitness for trial, to the department responsible for the administration of the Disability Services Act 2006 or the NDIS, 'for appropriate care'. It remains unclear how many diversions have occurred under this section since the commencement of the new Act. The Public Advocate is also aware that there have been issues associated with the funding of appropriately qualified staff to undertake the necessary assessments of people with an intellectual or cognitive disability under this section of the Act.

The more recent introduction of Justice Liaison Officers by the NDIS across each state and territory is viewed positively, however the funding of only two officers to service all of Queensland is considered to be grossly inadequate.

Based on the evidence above, it is respectfully suggested that the Commission's report make recommendations related to the Queensland government;

- Committing to the development of appropriate pathways (including centralised discharge policies), touchpoints, referral systems and risk flags for NDIS participants to access and use Queensland government systems and services seamlessly, with appropriate recognition and integration of their NDIS supports to facilitate and enhance service provision where required.
- Proposing that the NDIS approve the availability of funding in NDIS plans for coordinators/case managers to develop plans (like annual health care plans) that integrate and coordinate services provided by multiple government agencies, inclusive of things like dates and confirmation of appointments, support persons to attend services with participants, transport, risk flags (like the person not visiting their GP for 12 months) and lines of reporting and communication of critical information (this is similar to, but more specific than recommendation 3 in the draft report the NDIA facilitate reallocating participants' plan budgets towards support co-ordination when It improves plan utilisation and participant outcomes).
- Making a commitment to constructing an identified amount of new housing stock for people with disability to the 'Gold' or 'Platinum' Liveable Housing Design Guidelines Standard, and assisting NDIS participants residing in public or community housing to obtain the necessary approvals for home modifications funded in their individual NDIS plans.

<sup>&</sup>lt; https://www.abcb.gov.au/Resources/Publications/Consultation/Accessible-Housing-Options-Paper>.

<sup>&</sup>lt;sup>3</sup> Department of Communities, Housing and Digital Economy, Housing Construction Jobs Program, 29 November 2019,

<sup>&</sup>lt;a href="https://www.chde.qld.gov.au/about/initiatives/housing-construction-jobs">https://www.chde.qld.gov.au/about/initiatives/housing-construction-jobs</a>

- Reviewing the resourcing of services to support the implementation of Section 174 of the Mental Health Act to ensure that funding is available for appropriately qualified staff to assess people with an intellectual or cognitive disability under this section of the Act and refer them to appropriate disability supports or the NDIS.
- Proposing (subject to an evaluation of the service) that the NDIA commit to funding additional Justice Liaison Officers in Queensland to assist with access to supports for people with disability who are eligible for the NDIS or current NDIS participants to engage with the justice system.

I understand that the submission provided by the Queenslanders with Disability Network (QDN) also addressed a number of the issues I have raised in the information above, particularly in relation to housing and the provision of support coordination. I fully endorse the perspective they have provided on these issues and the recommendations included in their submission, which has now been published on the Commission's website. With its state-wide network of more than 2,000 members, QDN is uniquely placed to provide the Commission with feedback and views from the lived experience of participants (and non-participants), which is of immense value to reviews of this nature.

## **Restrictive practices**

The Commission's report and recommendations in relation to the restrictive practices regime in Queensland note that the current system is complex and recommends the Queensland Government promote 'clarity and efficiency in its restrictive practices regime'.<sup>4</sup> Achieving this goal will require a range of legislative and system reforms, including adopting definitions and practices consistent with the NDIS Quality and Safeguards Commission and ensuring that key agencies (such as the Queensland Civil and Administrative Tribunal, the Office of the Public Guardian and the Department of Seniors, Disability Services and Aboriginal and Torres Strait Islander Partnerships) are adequately resourced to perform their relative roles effectively. I also note the Commission recommends the development of a private market for the preparation of positive behaviour support plans.<sup>5</sup>

I fully support the intent of these reforms, having noted in my submission that the Queensland system is complex, inconsistent with NDIS service provider obligations under the NDIS Quality and Safeguards Framework and potentially resource intensive and inefficient for guardianship and administration system agencies.

My submission outlined the key principles that should guide any legislative reform process:

- Any restrictive practice should be the least restrictive of the person's human rights and used only:
  - as a last resort, and after alternative strategies have been considered;
  - to prevent serious physical harm to the person or another;
  - to the extent necessary and proportionate to the risk of harm;
  - with the approval of a person authorised by law to make this decision;
  - as prescribed by the person's positive behaviour support plan; and,
  - when subject to regular review.
- The importance of maximising the person's:
  - physical, emotional, social and intellectual potential; and
  - opportunities for participation in and inclusion in the community;
- The aim/objective of reducing or eliminating the need for the use of restrictive practices; and
- The need for transparency and accountability in the use of restrictive practices.

<sup>&</sup>lt;sup>4</sup> Queensland Productivity Commission, NDIS Market in Queensland, Draft Report Summary, (2020), p 53 <

https://qpc.blob.core.windows.net/wordpress/2020/11/NDIS-market-in-Queensland-draft-report-Summary.pdf>. <sup>5</sup> Ibid.

I understand that a confidential review of the Queensland restrictive practice regime is currently being led by the Department of Seniors, Disability Services and Aboriginal and Torres Strait Islander Partnerships, and suggest that the outcomes of this review be considered prior to the finalisation of this recommendation.

Thank you for the opportunity to provide feedback to the Commission following the release of the draft report. I would be pleased to make myself available to the Commission if you would like to discuss any of the issues raised in this letter. I can be contacted on 07 3738 9510 or via email at mary.burgess@justice.ald.gov.au

I look forward to reading the final report.

Yours sincerely

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Mary Burgess
Public Advocate